

# TRAINER INTERNSHIP PROGRAM



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# INTRODUCTION

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FutbolLab offers an integral service of sports and educational stays for coaches from all over the world in Spanish football clubs. Through personalized training and active participation with the teams that we have a collaboration agreement in Barcelona, the aim is that these players acquire new person and collective knowledge.

FutbolLab offers an internship service for coaches mainly in Barcelona but also offers the possibility of internships in other Spanish cities such as Madrid, Coruña, Bilbao and Seville.

We want soccer coaches from other countries to be able to do internships with FutbolLab. In this way, we would like to help them to know firsthand how to work in Spanish soccer and what is the technical, tactical, physical and psychological training method carried out by Spanish players. This will be done through the top level clubs with which we have agreements, since they have been the great participants in the success of their teams and especially the national team, which has won two European Championships and a World Cup.

In all cases, FutbolLab will give support through its virtual campus before, during and after the internship to discuss the evolution and knowledge acquired by the players who visit us. It seeks to complement the knowledge and skills of all coaches who do internships, with the idea that these give an added value to carry out the team where they work and evolve professionally and personally.

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# MAIN CONTENT

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## IN-PERSON CLASSES

In Barcelona



## OFFICIAL TITLE

Official Certificate of the Real Club  
Deportivo Espanyol School of  
Barcelona



## LANGUAGES

English and Spanish



## FINANCING

1 to 24 payments

START AND REGISTRATION: **ANY TIME OF THE  
YEAR, EXCEPT JULY AND AUGUST.**

This degree has the same validity outside and inside Spain, since it is a curricular title of studies, and covered by the Organic Law of Universities. No specific homologation or accreditation is required, since the Universities have the capacity to issue their own degrees, as stated in article 2.g) of the Organic Law of Universities 6/2001.



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# DURATION OF TRAINER INTERNSHIPS

## 1 WEEK

During one week you will receive personalized training in training methodologies in a classroom course. Complemented with practical sessions in the afternoons, where you will apply the knowledge acquired in training sessions with different competition teams. You will be able to see, first hand, how coaches work in Spain. You will complete the daily work with video sessions and analysis of the work that has been done.

## 2 WEEKS

For two weeks, you will receive personalized training in training methodologies in a classroom course. Complemented with practical sessions in the afternoons, where you will apply the knowledge acquired in training sessions with different competition teams. You will be able to see, first hand, how coaches work in Spain. You will complete the daily work with video sessions and analysis of the work that has been done.

## 4 WEEKS

For four weeks you will receive personalized training in training methodologies in a classroom course. Complemented with practical sessions in the afternoons, where you will apply the knowledge acquired in training sessions with different competition teams. You will be able to see, first hand, how coaches work in Spain. You will complete the daily work with video sessions and analysis of the work that has been done.



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## 2 MONTHS

During 2 months you will receive training through a classroom course that will be complemented with practical stays in the afternoon in one of the clubs where we have agreements. You will actively participate in the training, along with the coaching staff of the team, so you will be able to see live the method worked, as well as the teaching styles that are applied in each game situation.

## 3 / 6 / 10 MONTHS

These programs are highly specialized and give coaches the ability to see different teams and the ways of working of each one of them. The enrichment will be given by the improvement courses (personal treatment with the trainee coach) that take place in the mornings and complemented with the practices in different clubs that take place in the afternoons.



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# ENROLLMENT

## **ENROLLMENT PERIOD**

The Spanish football season runs from September to June (pre-season teams may start in August). Sports stays are possible every month of the year except July.

## **AGES:**

16 and up.

## **Payment methods:**

To formalize the registration to the program: \*Payment of 300€ for the place reservation.

\*\*15 days before: 25% of the payment and the rest before the start of the training program.

\* Bank transfer to Futbollab's non-refundable bank account \* \*\* Charges due to international bank transfers are on the client \*\*.

## **Key information:**

The action of signing up for any FUTBOLLAB program requires that both the athlete and his/her guardians assume, understand and accept all the General Conditions as well as the Privacy Policy and the Rules of Conduct of the FUTBOLLAB Programs.



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# SERVICES

To make your stay with us the best for you, you will be able to add the services that suit you to those already included in our Sports Level.

## EXTRA SERVICES

We remind you that you can customize your internship with the additional services we have prepared to make your stay with us ideal.



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# ENROLLMENT PROCESS

**To make a reservation, just click on the Book Internship tab,** from there you will be asked to enter your personal data needed for the academic record and in the final part of the process you will be able to choose the payment format for this program.

If you have any doubts about how to make a reservation on the website, we have prepared a video to help you.

<https://youtu.be/ZqyV1xkJvQw>



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