

MASTER'S PROGRAM
IN PROFESSIONAL
FOOTBALL



PROFESSIONAL OF FOOTBALL



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INTRODUCTION

He knows the game, learns to interpret collective behaviors and the continuous interactions that take place in it.

Master in Professional Football

es una excelente opción que te brindará las herramientas necesarias para que analices el potencial en cada uno de los elementos y jerarquices las estrategias a seguir.

INNOVATIVE PROGRAM BASED
ON TRENDS IN THE WORLD OF
SPORTS

*What's a **PROFESSIONAL IN FOOTBALL?***

It is to offer the ability to professionals to develop their leadership and to increase their capabilities in terms of method and analysis of football. In this way, they will be able of creating strategies to optimize the team.



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GOALS

- Knowing training methodologies.
- To organize the team effectively.
- Learn game analysis.
- To explore the fundamentals, models and physical preparation for football.
- Deeply know the behaviors of all players in each game situation.
- To learn about the sports structure of a team.
- Develop the ability to create a group dynamic according to the different characteristics, in order to meet long and short term goals.
- Ability to rate and devise an effective game model.
- Recruitment of new players.



MAIN INFORMATION

MASTER'S DEGREE ISSUED BY THE UNIVERSIDAD CATÓLICA DE ÁVILA



ONLINE LESSONS

Access to the content 24/7,
during 7 months of course,
60 ECTS (1,500 teaching hours).



OFFICIAL TITLE

Approved by the Catholic University of
Avila.
- Validity: outside and inside Spain



LANGUAGES

Taught in 2 languages:
Spanish and English



FINANCIATION

One-time payment or in installments of 3, 6
or 12 months.

COST: 3,645.00 €

SINGLE PAYMENT: 3,280.50 € (SPECIAL DISCOUNT)

3X 1.251,45 €

6X 643,95 €

12X 334,12 €

START AND REGISTRATION: IMMEDIATE

Training units: 7

This degree has the same validity outside and inside Spain, since it is a curricular title of studies, and covered by the Organic Law of Universities. No specific homologation or accreditation is required, since the Universities have the capacity to issue their own degrees, as stated in article 2.g) of the Organic Law of Universities 6/2001.



INFORMATION ON TRAINING UNITS

The training units have an average duration of 6 **ECTS** (**E**uropean **C**redit **T**ransmission **S**ystem) credits, including the activities of that unit, the teaching method is accompanied by demonstrative videos by teachers and experts, as well as complemented by visual presentations, articles of interest and interviews with professional technicians, to do an effective, deep and attractive learning.

It also includes continuous evaluations of activities by the professors.

Finally, the master's degree includes a final project of 5 ECTS credits based on real cases.



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STUDY PLAN

Module 1: Description of Course Objectives

- 1.1 That the coach knows the person offensive and defensive behaviors according to the demarcation of the player on the field of play that we understand as a priority.
- 1.2 That the coach knows how to explain and reason the reason for all of them.
- 1.3 To guide the coach to a process of reflection on the behaviors exposed for their next adaptation or integration into the strategic system and / or model of play intended by each coach.
- 1.4 That the coach knows different didactic strategies to be used for learning and working on different behaviors.
- 1.5 That the coach knows how to prepare training situations for the work, learning and consolidation of these behaviors.

Module 2: Contextualization

- 2.1 Contextualization and orientation of the syllabus with the possible formative stages. Orientation to the Technification stage. Orientation to the Competition / performance stage.
- 2.2 Orientation, explanation and contextualization to a zonal defensive system.
- 2.3 Relation of the different defensive lines and demarcations that we are going to set up in our team during the defensive phase.
- 2.4 Orientation, explanation and contextualization to an offensive system based on the occupation of certain spaces during the offensive phase.



STUDY PLAN

Module 3. Contextualization and exposition of the person offensive and defensive behaviors of the "line to which the goalkeeper belongs".

3.1 Contextualization of the line formed by the goalkeeper within the defensive block and the offensive block of the team.

3.2 Defensive behaviors of the goalkeeper.

3.3 Offensive behaviors of the goalkeeper.

Module 4: Contextualization and exposition of the person offensive and defensive behaviors of the "defensive 4 line".

4.1 Contextualization of the defensive line of 4, fullbacks and center backs within the defensive block and the offensive block of the team.

4.2 Defensive behavior of the fullbacks.

4.3 Offensive behavior of the fullbacks.

4.4 Defensive behavior of the Centerbacks.

4.5 Offensive behavior of the Centerbacks.

Module 5: Contextualization and exposition of the individual offensive and defensive behaviors of the "team's interior line(s)".

5.1 Contextualization of the line or lines of inside players of the team, within the defensive block and the offensive block of the team.

5.2 Defensive behaviors of the Inside Players (Inside, Pivots and Midfielders).

5.3 Offensive behaviors of the Inside Players (Inside, Pivots and Midfielders).



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STUDY PLAN

Contextualization and exposition of the person offensive and defensive behaviors of the "offensive line or lines".

- 6.1 Contextualization of the offensive line or lines of the team, within the defensive block and the offensive block of the team.
- 6.2 Defensive behaviors of the Point or Points.
- 6.3 Offensive behaviors of the Point(s).
- 6.4 Defensive behaviors of the Offensive Outside Players.

Module 7. The game model

- 17.1 Attack phase (Organized attack).
- 7.2 Transition phase Defense-Attack (Counterattack).
- 7.3. Defense Phase (Organized defense).
- 7.4. Transition phase Attack-Defense (Defensive organization).



STUDY PLAN

Module 8: Didactic forms

- 8.1 SSP (Preferential Simulation Situation).
- 8.2 Position and conservation game.
- 8.3 Matches and modified matches.
- 8.4 Line games.
- 8.5 Surges.

Module 9: Active method

- 9.1 Guided discovery.
- 9.2 Problem-solving.

Module 10: Preparation of tasks

- 10.1 Contents and assignments.
- 10.2 Steps to guide the game towards the content.
- 10.3 Analysis of rivals and their importance for tasks confection.
- 10.4 Importance of offensive and defensive strategy and training method.

Module 11: Final Project



TARGET AUDIENCE

- **Technicians who have experience in soccer.**
- **Coaches who are graduates.**
- **Graduates or graduates in Physical Activity and Sports Sciences.**

Each of the program's lines of action aim at capturing and developing talent and aptitude in football.



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METHOD

VIRTUAL CLASSROOM | LEARNING COMMUNITY

INDUCED DISCOVERY ACTIVITIES

Activities where the student will be able to carry out a contextualized learning by working, in the Virtual Classroom and in a collaborative way, in a real or simulated situation that will allow him/her to make a **first approach to the different topics of study.**

PRACTICAL APPLICATION ACTIVITIES

Includes problem-solving, project development and similar activities that allow **the application of the conceptual, procedural and attitudinal aspects worked on in other parts of the courses.**

INTERACTION AND COLLABORATION ACTIVITIES

Activities where different topics related to the subjects of each subject will be discussed and argued, and which will serve to guide **the process of induced discovery.**

PRESENTATIONS OF PAPERS AND EXERCISES

SEMINARS



METHOD

VIRTUAL CLASSROOM : STUDENT-TUTOR INTERACTION

TUTORIES

They allow direct **interaction between teacher and student** for the resolution of doubts and individualized advice on different aspects of the subjects.

PRESENTATIONS AND EXERCISES

It includes the individual preparation and, if necessary, virtual defense of the requested papers and exercises, in accordance with the defense procedures established in the teaching guides.

EVALUATION ACTIVITIES

More information can be found in the "Evaluation" section on page 15 of this Master's program.



METHOD

AUTONOMOUS WORK OF THE STUDENT

INDIVIDUAL WORK ACTIVITIES

Individual work of the materials used in the subjects, although supported by the resolution of doubts and construction of knowledge through a forum enabled for these purposes.

This activity will be **the basis for the development of debates, problem-solving, etc.**

PRACTICAL APPLICATION ACTIVITIES

It includes **personal** work in problem-solving, project development and similar activities that allow the **application of the conceptual, procedural and attitudinal aspects worked** in the other parts of the course.

CRITICAL READING, ANALYSIS AND RESEARCH

These are activities in which the student approaches the different fields of study with a critical eye that allows an approach to research. **Examples include book reviews or critiques of articles and research projects.**



EVALUATION

The student chooses the following evaluation system, according to his or her personal situation and training needs:

Continuous evaluation + TFM

60% of the final grade is due through the activities which should be done through the course and that will be assessed in "continuous evaluation"; the student's completion of these activities will be subject to a verification by the professors.

The remaining 40% of the last grade will be obtained from the Master's Final Project (TFM) to be carried out at the end of the course.

The FINAL project will include all the areas studied and will always involve the development of a real case, since from **FutbolLab** we want our courses to be directed to the real training situation that coaches find in their teams.



EVALUATION

VIRTUAL CLASSROOM

The course is taught entirely in online mode. They will be conducted through our virtual campus that is accessed from **the official website of FutbolLab** (**www.futbolLab.com**).

From there you will be able to use the syllabus, explanatory presentations, demonstrative videos, analysis of the teachers, assignments that the teachers will send and correct.

TUTORS

The teachers offer **continuous tutoring**, establishing telephone and/or videoconference tutorials explaining any doubts that may arise. They will guide your training evolution throughout the course, depending on your profile and level of dedication or study schedule.

As we have indicated, **the syllabus, videos, articles, interviews with experts... are part of your evolution in the course, so you will do periodic exercises that are corrected by the teacher** to give you a clearer idea of the subject being worked on.



ENROLLMENT PROCESS

To enroll you only have to click on the **Enroll** tab, from there you will be asked to enter your personal data necessary for the academic record and in the last part of the process you will be able to choose the payment format of this program.

Remember that in this course you can go at your own pace and complete it according to your availability, as long as you do not exceed the greatest time to complete it, which in the case of the master's degree is **2 and a half years**. However, if you still need more time, you must ask authorization from the admissions department to extend the time. If you get a positive response, the new time will be automatically extended.



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PROFESSIONAL OPPORTUNITIES

With this Master, you will learn advanced techniques of soccer fundamentals, but you will also have access to opportunities so that, once you graduate, you will be able to take part in different institutions. This is a great advantage, since **you will have the opportunity to work in:**

Graduates/Graduates in Physical Activity and Sport Sciences.

- Qualified coaches.
- Technicians with experience in soccer.

You will be able to alternate with different sports federations within **prestigious football clubs, among many other organizations**, to promote your skills and your growth in the field.



PROFESSIONAL OPPORTUNITIES

LABOUR BANK

Upon completion of the course, **you will enter a large database so that you can apply for a Professional Football job.**

Our prestigious platform has national and international reach, and is constantly visited by a variety of soccer clubs in search of trained professionals, offering excellent salaries.

With your registration, you are already on your way to becoming part of the most select soccer team in the world. Not only will we give you the academic tools, but we will also introduce you to the most demanded and best paid labor field in the sport.

Don't think twice and start your career towards success.





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